

### Is Pola whitening safe?

Yes. Clinical studies have shown that teeth whitening with Carbamide Peroxide or Hydrogen Peroxide is safe if performed under the guidance and supervision of a trained dentist. With a history of improving teeth for 50 years, our Pola whitening scientists have refined an industry leading tooth whitening formula that removes tough 'rusted on' stains, while remaining completely safe for your teeth.

### What is the difference between Pola and DIY kits that can be purchased online?

There are numerous brands and methods of teeth whitening available to purchase online or over the counter, however, they are not always reliable and safe. It is always important to consult your dentist if you are looking to whiten your teeth, as they will be able to assess the health of your teeth and decide whether it is safe to whiten them. Clinical studies have shown that bleaching with Carbamide or Hydrogen Peroxide if done correctly under the application or instruction of a dentist, is safe for teeth and gums.

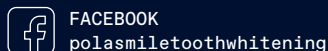
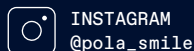
**Ask your dentist or hygienist which Pola product is right for you!**



### MADE IN AUSTRALIA

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For more information visit  
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04-2025

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# POLA LIGHT

SDI

## Enjoy a brighter, more confident smile in 5 days



## Whiter Teeth. Brighter You.

ADVANCED TOOTH WHITENING SYSTEM

[SDI.COM.AU](http://SDI.COM.AU) | [POLAWHITE.COM.AU](http://POLAWHITE.COM.AU)

# Professional tooth whitening system

Millions of people across 100 countries have trusted Pola to achieve a safer, quicker and whiter smile.

The Pola Light advanced tooth whitening system combines Pola's award winning whitening formula, with targeted LED technology.

- Fast acting, delivering you whiter teeth in 5 days
- Formulated to safely remove long term stains
- Returns your smile to your whitest natural shade possible
- Formulated with Potassium Nitrate and Fluoride to reduce sensitivity and strengthen teeth
- Fully rechargeable LED light for your future tooth whitening treatments

## Pola light 6% kit:

- 1 x Pola LED mouthpiece
- 4 x 3g Pola Day 6% tooth whitening syringes
- 1 x USB charging cord
- 1 x Instruction guide

## Pola light 9.5% kit:

- 1 x Pola LED mouthpiece
- 4 x 3g Pola Day 9.5% tooth whitening syringes
- 1 x USB charging cord
- 1 x Instruction guide

## Why choose Pola Light:

- SDI has a history of improving teeth for 50 years
- SDI's Pola is a trusted brand within dentists
- Pola Light is an effective and safe way to have your teeth whitened in the comfort of your home at a time that suits you.



EASY TO USE

2 x 10 or 2 x 15 minute treatments a day.



WHITER TEETH IN FIVE DAYS

5 day treatment time.

No chair time or custom trays required, saving time for both patient and dentist.



FROM JUST 20 MINUTES A DAY

Portable, rechargeable and easy to wear with no cord attached to mouthpiece. Pola LED mouthpiece is a dual arch and a universal size.



PROFESSIONALLY USED AND RECOMMENDED

Pola is a professional tooth whitening system that is trusted and recommended by dentists to achieve a safer, quicker and whiter smile.

The high viscosity, neutral pH tooth whitening gels ensure the greatest patient comfort in a take home kit.

The unique blend of soothers, conditioners and high water content assist in reducing sensitivity.

## Key things to know

### What causes tooth discolouration?

Everyone's teeth are unique, therefore they discolour and stain in different ways. The discolouration or staining of a person's tooth is typically caused by coffee, black tea, herbal tea, red wine, spicy foods such as curry and smoking cigarettes.

### How much whiter will my teeth be?

Many teeth whitening manufacturers make claims of '5 shades' whiter or similar. However, this can be misleading as it depends on the original shade of your teeth and the current staining on your teeth. Pola is formulated to remove the toughest stains from your teeth and return your teeth to their whitest natural colour.

### How long will my teeth stay white?

Your lifestyle is the greatest influence on your oral health. If you're an avid drinker of coffee, wine or soft drinks, your teeth whitening will diminish sooner than someone who prefers water. Typically, your whitening will be at its best for the first 6 months, before slowly diminishing.