

SDI

POLA DAY CP

35% CARBAMIDE PEROXIDE ADVANCED TOOTH WHITENING SYSTEM



Made in Australia by SDI Limited
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Brazil 0800 770 1735
France 00800 0225 5734
Germany 0800 1005759
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USA & Canada 1 800 228 5166



SCAN FOR
INSTRUCTION
VIDEO

PAK41262 H



2°C
35°F



Last Revised: 11-2025

ENG INSTRUCTIONS FOR USE

Pola Day CP is a 35% carbamide peroxide, high viscosity, neutral pH tooth whitening gel. It is a pleasantly flavoured, crystal clear sustained release gel with a water content high enough to reduce sensitivity.

INDICATIONS FOR USE:

- Whitening of discoloured vital teeth.
- Whitening of discoloured non-vital teeth.

NET WEIGHT:

Depending on kit purchased, 1.3g syringes or 3g syringes. Please refer to outside of box.

HYDROGEN PEROXIDE EQUIVALENT:

Pola Day CP 35% Carbamide Peroxide = 11.7% Hydrogen Peroxide

PLACEMENT PROCEDURE:

1. Brush teeth.
2. Remove the whitening gel syringe cap and attach application tip by twisting it securely onto the syringe.
3. Place a small drop of gel into every compartment of the tray for the teeth undergoing treatment.
Tip: Use the dosage indicators on the syringe as a guide.
3g syringe - Use approximately one sixth of the syringe per application; this amount is sufficient for both the top and bottom whitening trays.
1.3g syringe - Use approximately one third of the syringe per application; this amount is sufficient for both the top and bottom whitening trays.
4. Seat the tray, with the gel around the teeth.
5. Wipe away excess gel in mouth with a tissue or dry soft brush.
6. After 15 minutes of treatment, remove tray. Rinse tray and mouth with lukewarm water.
Note: Treatment time can be up to 30 minutes if required.
7. Brush teeth.



IN-OFFICE JUMP START (FOR DENTAL PROFESSIONALS)

When used as a jump start in the dental office, treatment time is 30 minutes.

STORAGE AND HANDLING:

- Store product in the refrigerator (2°-8°C / 35°-46°F).
- Do not use after expiration date.
- Use product at room temperature.

SAFETY DIRECTIONS:

- Irritant. Attacks eyes – protect eyes when using. Avoid swallowing.

PRECAUTIONS:

- To be used under the supervision of a dental professional.
- Do not eat, drink or smoke during treatment.
- Do not smoke immediately after treatment - wait for at least two hours.
- Food and drinks containing strong colours should be avoided or consumed in moderation during the entire treatment period.
- Keep out of reach of children and pets.
- Not to be used by pregnant or lactating women or children under 14 years old.
- Patients with a history of chemical allergies are advised to carry out allergy testing by a specialist before using this product.
- Discontinue use if any unusual sensitivity or reactions occur and consult your dentist.
- Do not inject Pola Day CP into the body.
- SDS available at www.sdi.com.au or contact your regional representative.

FIRST AID:

For advice, contact a Poisons Information Centre (Australia 131 126) or a doctor. If swallowed, do NOT induce vomiting. If in eyes, hold eyelids apart and flush the eye continuously with running water. Continue flushing until advised to stop by the Poisons Information Centre or a doctor, or for at least 15 minutes. If skin or hair contact occurs remove contaminated clothing and flush skin and hair with running water. Seek medical advice if symptoms persist.