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WELCOME  
TO YOUR NEW  
POLA SMILE

POLA FOR ALIGNERS

ADVANCED TOOTH WHITENING SYSTEM

# INSTRUCTIONS FOR USE FOR PATIENTS AND DENTAL PROFESSIONALS

## POLA NIGHT 10% CARBAMIDE PEROXIDE ADVANCED TOOTH WHITENING SYSTEM

Pola Night is a high viscosity, neutral pH take home tooth whitening gel. It is a pleasantly flavoured, crystal clear sustained release gel with a unique blend of soothers, conditioners and a water content high enough to further reduce sensitivity.

### INDICATIONS FOR USE

- Whitening of discolored vital teeth.
- Whitening of discolored non-vital teeth.

### TREATMENT GUIDELINE

**Pola Night 10%: 1 x 2 hours / day to overnight**

**Note:** Patients with sensitivity will require a day or two break between treatments. Shortening treatment time is also suggested.

### PLACEMENT PROCEDURE:

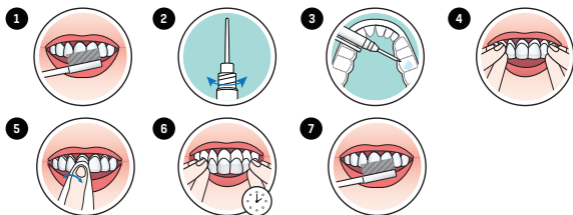
1. Brush teeth.
2. Remove the whitening gel syringe cap and attach application tip by twisting it securely onto the syringe.
3. Place a small drop of gel into every compartment of the aligner for the teeth undergoing treatment.

**Tip:** Use the dosage indicators on the syringe as a guide.

**3g syringe** - Use approximately one sixth of the syringe per application; this amount is sufficient for both the top and bottom aligners.

**1.3g syringe** - Use approximately one third of the syringe per application; this amount is sufficient for both the top and bottom aligners.

4. Seat the aligner, with the gel around the teeth.
5. Wipe away excess gel in mouth with a tissue or dry soft brush.
6. After treatment, remove aligner. Rinse aligner and mouth with lukewarm water.
7. Brush teeth.



## FOR EFFECTIVE RESULTS

- Due to discomfort or sensitivity that can occur as a result of your orthodontic treatment, avoid using this product for the first two weeks after receiving your orthodontic aligners and for the first two days after each new aligner set, as whitening may increase tooth sensitivity.
- Do not eat, drink or smoke during treatment.
- Do not smoke immediately after treatment - wait for at least two hours.
- Foods and drinks containing strong colours should be avoided for at least 48 hours after the treatment period or consumed in moderation.
- Use gel at room temperature.

## STORAGE AND SHELF LIFE

- Pola Night - Store in a cool and out of direct sunlight at temperatures between (2°-25°C / 35°-77°F)
- Do not use after expiration date.

## PRECAUTIONS

- To be used under the supervision of a dentist / orthodontist.
- Keep out of reach of children and pets.
- Not to be used by pregnant or lactating women.
- Patients with a history of chemical allergies are advised to carry out allergy testing by a specialist before using these products.
- Discontinue use if any unusual sensitivity or reactions occur and consult your dentist.
- Do not inject Pola Night into the body.
- CAUTION: FEDERAL LAW RESTRICTS THIS DEVICE TO SALE BY OR ON THE ORDER OF A DENTIST.
- SDS available at [www.sdi.com.au](http://www.sdi.com.au) or contact your regional representative.

## FIRST AID

**Eye (contact):** Hold eyelids apart and flush with running water for at least 15 minutes. Seek medical advice if symptoms persist.

**Skin (contact):** Wash thoroughly with water and seek medical advice if symptoms persist.

**Ingestion (large amount):** If swallowed, do NOT induce vomiting. Rinse mouth. Drink plenty of milk or water and seek medical advice.

**Inhalation:** No symptoms expected.

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Name:	<input type="text"/>							<b>POLA</b>
Date:	<input type="text"/>							



YOUR SMILE. OUR VISION.

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Connect with us! Share your Pola Light moments!

We look forward to hearing from you.



INSTAGRAM  
@pola\_smile



FACEBOOK  
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FOR MORE INFORMATION VISIT

[polawhite.com.au](http://polawhite.com.au)

**POLA NIGHT 10%**



2°C  
35°F

25°C  
77°F

Last revision 12/2024